

Help to Claim

The new Universal Credit support service from Citizens Advice

Our trained advisers can support anyone who needs help in the early stages of their Universal Credit claim – from the application through to the first full payment.

Support is available online, over the phone and face to face.

[citizensadvice.org.uk/
helptoclaim](https://citizensadvice.org.uk/help-to-claim)

0800 144 8 444 (England)

08000 241 220 (Wales)

Calls are free and lines are open 8am to 6pm, Monday to Friday.



**citizens
advice**

Help to Claim is a dedicated service from Citizens Advice. It's free, independent, confidential and impartial.