

Got Symptoms?

Continuous cough, high temp,
loss of taste and/or smell



Self Isolate

At home for 10 days.
Anyone in your household
should isolate for 14 days



Get Tested

Call 119 or use the NHS portal to
book your test. You will be offered a
test at the site nearest to you or a test
kit can be delivered to your home

Lincolnshire's Resilience Forum



PREPARING FOR EMERGENCIES